

THE EDEN METHOD

2021-2022 Level I: Fundamentals in Cranbury, NJ



“Energy Medicine awakens energies that bring vitality, joy and enthusiasm to your life and greater health to your body, mind and spirit! Balancing your energies balances your chemistry and hormones, helps you to get better and helps you think better. It empowers you to adapt and even flourish in the 21st century.”

Donna Eden

Lisa Buford Your Instructor is an Eden Energy Medicine founding faculty member and an Advanced Practitioner. Lisa has taught Level I over 20 times in the US and Canada. She has been in private practice for over 20 years. Additionally, Lisa is certified as an Advanced Emotional Freedom Technique Practitioner (EFT) and is a licensed Brain Gym Instructor and Consultant. Lisa has been published in Energy Medicine and Brain Gym journals, and has presented at IGEEEM (International Gathering of Eden Energy Medicine Conference) on two different occasions. She comes with passion, skill, wisdom and humor. Lisa loves to teach Energy Medicine and witness students “**Catch the Magic !**”

“Lisa Buford has an effortless charisma as a teacher; she has a way of teaching that just flows and makes it easy to take in the information and techniques she is sharing.

And she has such an innate caring for her clients that supports her advanced skills and many years of experience working with the energies of the body. She is a precious soul.” **Donna Eden**

Learn How To:

Expand the toolbox for your own personal health and well-being

Integrate Eden Energy Medicine into your professional health practice

Develop skills for your role as a caregiver to family and friends

Course Details:

No Prerequisites required to enroll

Strong mix of teaching and practice time

Four Weekends and at-home supervised practice

One-year program with Certificate of Completion

DATES 2021-2022

Class 1 May 21-23

Class 2 August 13-15

Class 3 November 12-14

Class 4 January 28-30

FRI, SAT & SUN 9AM-7PM

LOCATION

Hampton Inn

1261 South River Road

Cranbury, NJ 08512

COST

\$300 deposit will hold your space

\$300 deposit is applied to Class 4

Class 1 \$1,095 * Class 2 \$1,095

Class 3 \$1,095 * Class 4 \$795

CONTACT

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Please visit www.LisaBuford.com

MORE INFO

www.Level1edenmethod.com

READY TO SIGN UP

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