### BE EMPOWERED

JOIN THE EEM COMMUNITY

## **@eden** method

# Eden Energy Medicine Level 1: Fundamentals Training 2020

Fundamentals will teach you the core techniques of EEM

One year program with Certificate of Completion

Quarterly classes and between class support

Strong mix of teaching and practice time

No Pre-Requisites to enroll

Small experiential classes

#### **SCHEDULE**

Class I:

May 28-31

Class 2:

August 20-23

Class 3:

Nov. 12-15

Class 4:

February 4-7

**2021** 

#### **Class Location**

Seattle or Poulsbo, WA

For more information call 360 697-5999



"Energy Medicine brings you vitality when you are drained, health when you are ill, and joy when you are down"

Donna Eden.



"Change the energies that travel through your body and you can change your mood, your mind, your health, and your relationships"

#### IN THIS PROGRAMYOU WILL...

- Learn, practice and integrate the fundamentals of Eden Energy Medicine.
- Learn powerful self-care energy techniques to promote health and build a resilient energy system.
- Learn how to keep your brains' energy flowing optimally for healthy memory and acuity.
- Learn to manage illness, pain and autoimmune issues.
- Learn how to quickly reduce stress.
- Learn how to help you, your friends and your family feel better.
- This program can lead you to a career in EEM.

## Lari Ward, R.N., EEM-AP

Advanced Practitioner and Faculty Eden Energy Medicine Certification Training

Lari combines her passion and knowledge of Eden Energy Medicine with a love of teaching to provide an interactive, rich and fun learning experience. She engages her students with creativity, breadth of knowledge, and her experience, as she champions them to become the best in EEM.

Lari has been teaching Level 1 Fundamentals Classes for 9 years, teaches in the Level 2: Certification Training and Level 3: Professional Skills Mastery. Her career has been in health care, with the past 18 years dedicated to Eden Energy Medicine. Lari has a full time EEM practice in Poulsbo, WA. Learn more at www.lariward.com

For more information and to REGISTER Contact Lari at: