



## EDEN ENERGY MEDICINE

## LEVEL I: FUNDAMENTALS TRAINING

Based on the empowering work of Donna Eden, Level 1: Fundamentals will teach you the core techniques of Eden Energy Medicine. You'll learn about the body's energy systems and techniques to keep those energies balanced and flowing for optimal health. Those who wish to become certified may continue on to year two.

Four extended weekends over one year so you can fit the training into your schedule.

Small classes with lots of individual attention and hands-on practice.

Open to everyone! There are no prerequisites required to enroll. Everyone can learn this method!

San Diego EEM Fundamentals Class Dates
April 2nd-5th 2020
June 18th-21st 2020
September 3rd-6th 2020
December 3rd-6th 2020

Prescott EEM Fundamentals Class Dates

April 9th-12th 2020

June 25th-28th 2020

September 10th-13th 2020

December 10th-13th 2020

My name is Angela Walsh Denis. I have studied with Donna Eden for years. I'm an advanced EEM practitioner who also teaches the Eden Energy Medicine Foundation Year One classes. I love to present classes on various health topics. I have a practice in San Diego, CA and Prescott, AZ and extend this to wherever I travel. I have a masters degree in psychological foundations and have studied various fields of holistic healing.

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