

Tips for Sensitive Clients & Creative Electrics

Kelmie Blake, EEM-AP

Sensitive Clients:

~ Rather than just sedating Triple Warmer, look for & take care of the **reason** Triple Warmer does not feel safe.

Is it lack of grounding, lack of aura?

Is there a history of trauma?

If so, then you may need to give their Triple Warmer a reason to trust you.

~ Lots of rocking will calm TW & activate Penetrating Flow so that what you do can penetrate.

~ If their energies are freezing up, you have valuable information:
TW does not like what you are doing!

~Stop & do something else, preferably something "yummy".

~It's okay to work with more passive protocols at first, so that their energies can get used to you & so that TW sees you have something beneficial to offer. Give the energies a reason to trust you before asking too many questions.

~Consider using Finger Modes rather than a full Tracker Session, to find the "key issue"

~Don't be surprised if direct attempts at calming TW are met with resistance, working with indirect ways of calming TW are less

likely to have backlash effect

~Holding back of calves- acts like a TW neurovascular

~Vortex Revival & Aura Slinky can help provide grounding & structure to their aura - check in with them

~Using Color can be easier for their energies to assimilate than holding points.

~Darth Vader Breath, TW/Spleen Hug + all the Radiant Circuit activating exercises - Butt in the Air, Connecting Heaven & Earth, Heaven Rushing in, Figure 8s - these will indirectly calm TW & get it acting as a Radiant Circuit.

~On rare occasions, & especially with abuse history, Penetrating Flow can freeze or reverse - self protective mechanism that has outlived its usefulness. Check for irregularity on PF, especially on MingMen

~Don't push it, don't rush it, & above all, don't get frustrated. If they are currently alive, TW has been doing its job.

Creative Electrics:

~Electrics are an underutilized, but amazing tool!

~My go-to for anxiety, stress, any cardiac or neurological issue, pain, cancer, fibroids, cysts, bumps, clots, including Parkinsons, MS, depression, autoimmune issues. GROUNDING

~Electrics run through the fascia like the Radiant Circuits do, & can go anywhere

~The points we have learned for Electrics are the main plugs, but not the only place to access electrics

~In a house you can access electricity at outlets, but there is more electricity in walls available to be accessed by someone who knows how. Same is true with electrics.

~When holding points or NVs or anything on someone, getting that buzzy, tingly electrical feeling is an indication that they could benefit from electrics

~Alternative Hook-Ups:

~Heart Electric point can be hooked to ANYTHING - chakras, meridians, source points, alarm points, neurolymphatics, Radiant Circuits, organs, valves, adrenals...

~Let your intuition be your guide, because you are likely to discover other points that act as electric points

~If person is running a lot of energy, sometimes holding just main electrics is insufficient - try making a "3 prong outlet" by adding ring or pinkie fingers in the Power Point

~K-1s are very potent place to connect with electrics, can do a deep electric session holding those points, using middle fingers. Great for restless leg syndrome, MS, leg pain, grounding.

~When root chakra is consistently weak, could be electrical issue, a strong root depends on the body's ability to run excess energy into the ground as well as to draw energy up from the earth.

~Hip issues & pain can be undischarged electrical energy built up in torso.

~Bladder is Yang grounding on feet, but Kidney is Yin.

~Besides hematite on Bladder 66, try hematite on K-1.

~Hematite hearts can be great for working the gaits & "spooning" the feet

~Hematite balances the nervous system

~Can test if an organ has electrical issues by holding Heart Electric Point + source point, alarm point, or the actual organ. Test. If weak, could benefit from hooking that point or organ to Heart Electric

~Anxiety is often electrical energy that cannot be discharged. Make sure K-1s are open & receptive

~Foot in Belly stretch grounds client & practitioner & can help to dissipate excessive electrical energy in torso

Sources:

[Shifting Deeply Embedded Patterns](#) class

Theresa Giacomini's awesome [Energy Medicine Glossary](#)

Advanced Classes with Sandy Wand, Sara Allen, & Stephanie Eldringhoff

My own experimentation